

PERMISSION TO MAKE MISTAKES

I, _____, HEREBY ACKNOWLEDGE THAT ON OCCASION IT IS COMPLETELY NORMAL / HUMAN / EXPECTED THAT MISTAKES OCCUR, AND THAT WHEN THEY HAPPEN I WILL NOT SPEND AN EXORBITANT AMOUNT OF TIME BEATING MYSELF UP OVER IT. I UNDERSTAND THAT I HAVE FULL PERMISSION AND AM EXPECTED TO MAKE MISTAKES -AND LEARN FROM THEM- ON A REGULAR BASIS.

TODAY'S MISTAKE: _____

I LEARNED: _____

DATE _____

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